

# Catching Stars

**Skills:** Large motor skills  
**Ages:** 7 and older  
**Players:** 7 or more  
**Materials:** Playground or other large running area

## About the Game

Since the beginning of time, people from around the world have been fascinated by stars. What are they? Why are they there? Where did they come from? What stories do they tell? This game is played by children of African Pygmy tribes who have long been intrigued by the night sky.



## Playing the Game

1. Divide the players into two groups: STARS (a third of the players) and CATCHERS (remaining players).
2. Set up two parallel boundaries, about 20 feet apart (6 meters).
3. The CATCHERS stand in the middle of the boundaries while the STARS stand on one boundary. The CATCHERS begin the game by reciting together:

*Star light, star bright  
How many stars are out tonight?*

The STARS respond:

*More than you can catch!*

And then make a mad dash to the other boundary—trying not to be tagged by a CATCHER.

4. Tagged STARS become CATCHERS. The game continues with both sides reciting the verse until all STARS are caught.

## Winning the Game

Last person to be tagged wins the game!